

# BEAR DEN STRENGTH CAMP

## Basha High School Football Strength & Conditioning

**Who:** ALL 6<sup>TH</sup> – 8<sup>TH</sup> graders interested in strength & conditioning

**When:** Monday, Tuesday & Thursday's from 1/14/18 – 3/7/18  
**(Not on 1/21/18 or 2/18/18)**

**Where:** Basha High School weight room

**Time:** 5:00 – 6:15 PM

**Cost:** \$60

### Coaches:

**Chris McDonald**- Varsity Head FBALL Coach

**Kama Magnani**- Basha Strength & Conditioning Coach  
(Collegiate Strength & Conditioning Coaches Assoc.)



**13 Play-off appearances  
since 2004!!**



**BASHA  
FOOTBALL**

### How to register:

Go to [www.cusd80.com/campsandclinics](http://www.cusd80.com/campsandclinics)

Click on the Basha Bear logo for our school's camps

Find our camp and enroll

\*Online registration accepts debit/credit cards only. If you need to pay by check or money order, or need access to a computer, please visit:

CUSD Community Education

1525 W. Frye Road

Chandler, AZ 85224

**No cash accepted or camp walk-ups will be admitted.**

**Questions???? Please contact Head Football Coach Chris McDonald**

**[mcdonald.chris@cusd80.com](mailto:mcdonald.chris@cusd80.com)**